

FIRST DAY JITTERS

LITERACY UNIT

Special Ed



teachers



Special Needs for Special Kids

ALSO INCLUDES GOOGLE SLIDES



These literacy units are something I created and started using in my classroom. I had students with significant challenges and most were **non-readers**. This is a great way to expose all students to some great books.

First Day Jitters Literacy Unit

By
Christa Joy
Special Needs for Special Kids



Christa Joy, Special Needs for Special Kids
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In a separate file you will find:
• Directions and links to digital activities

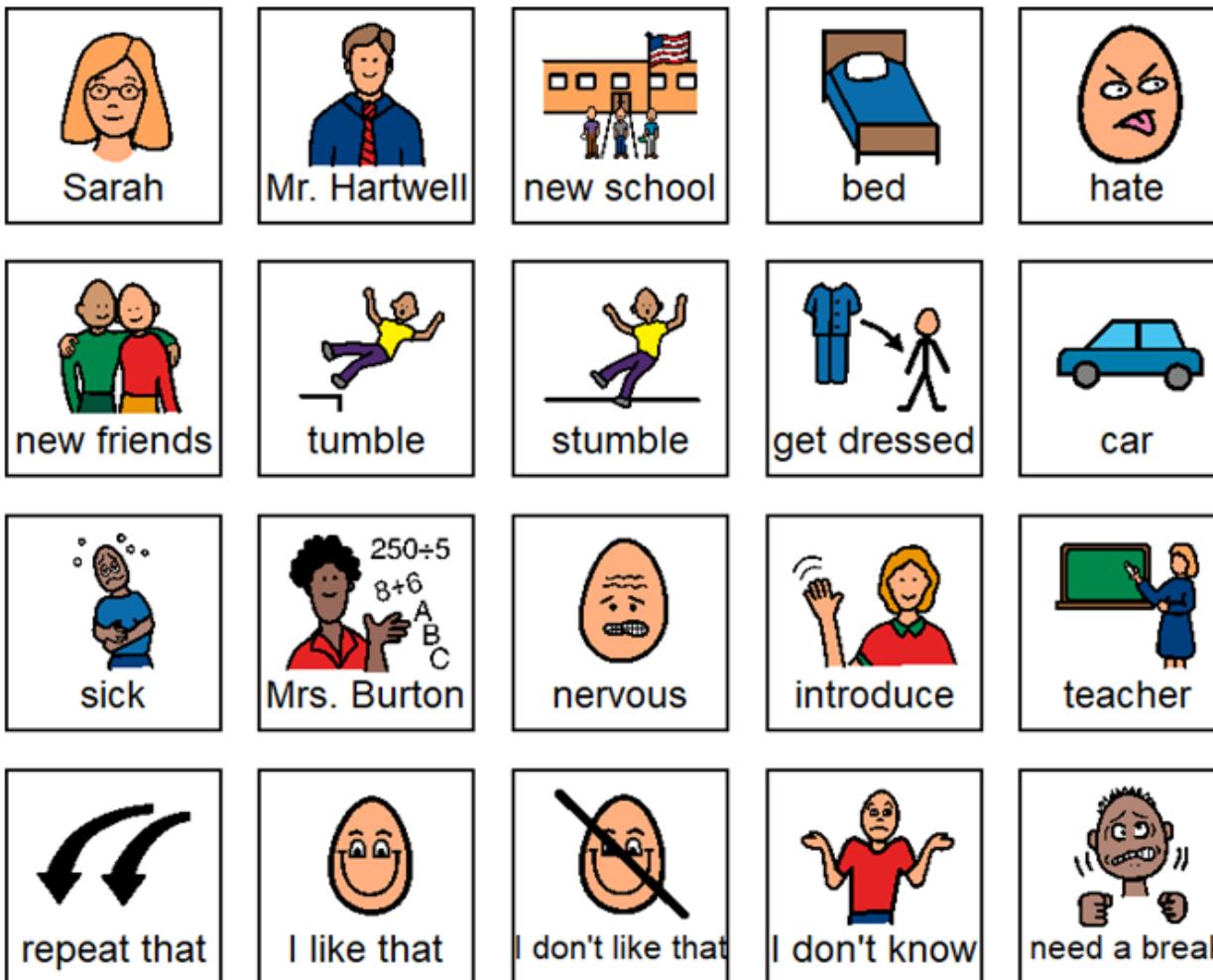
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This unit has 36 pages
plus 14 google slides.
There are 6 activities
to go with this book to
last a full week of
instruction.

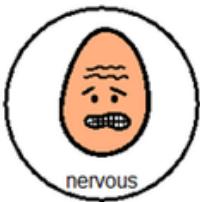
This unit comes with a storyboard.

Storyboards are great for ALL students to assist with participation and engagement in group discussions.

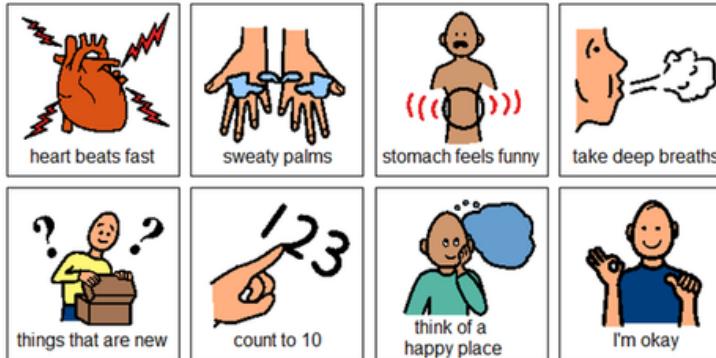
Tips on how to use in the unit!!



Many kids (and teachers) feel nervous about starting school. Feeling nervous is a normal emotion. Here is what feeling nervous may feel and look like.

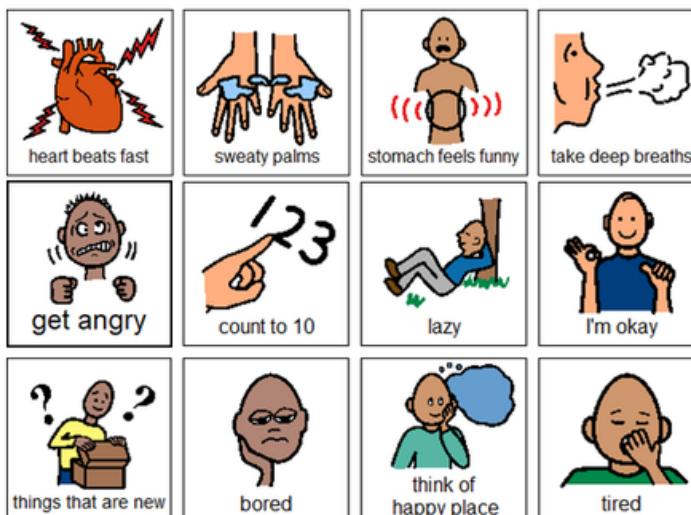


Place the pictures in the circle map about what it may feel like to be nervous or ways to feel better if you are.



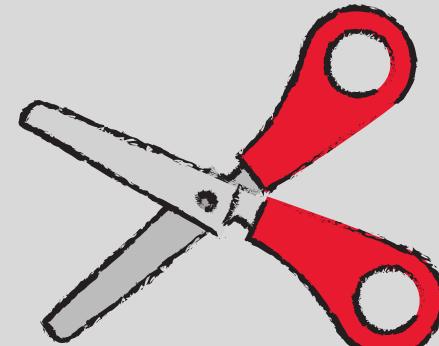
errorless

Place the pictures in the circle map **ONLY IF** they are about feeling nervous or ways to feel better if you are.

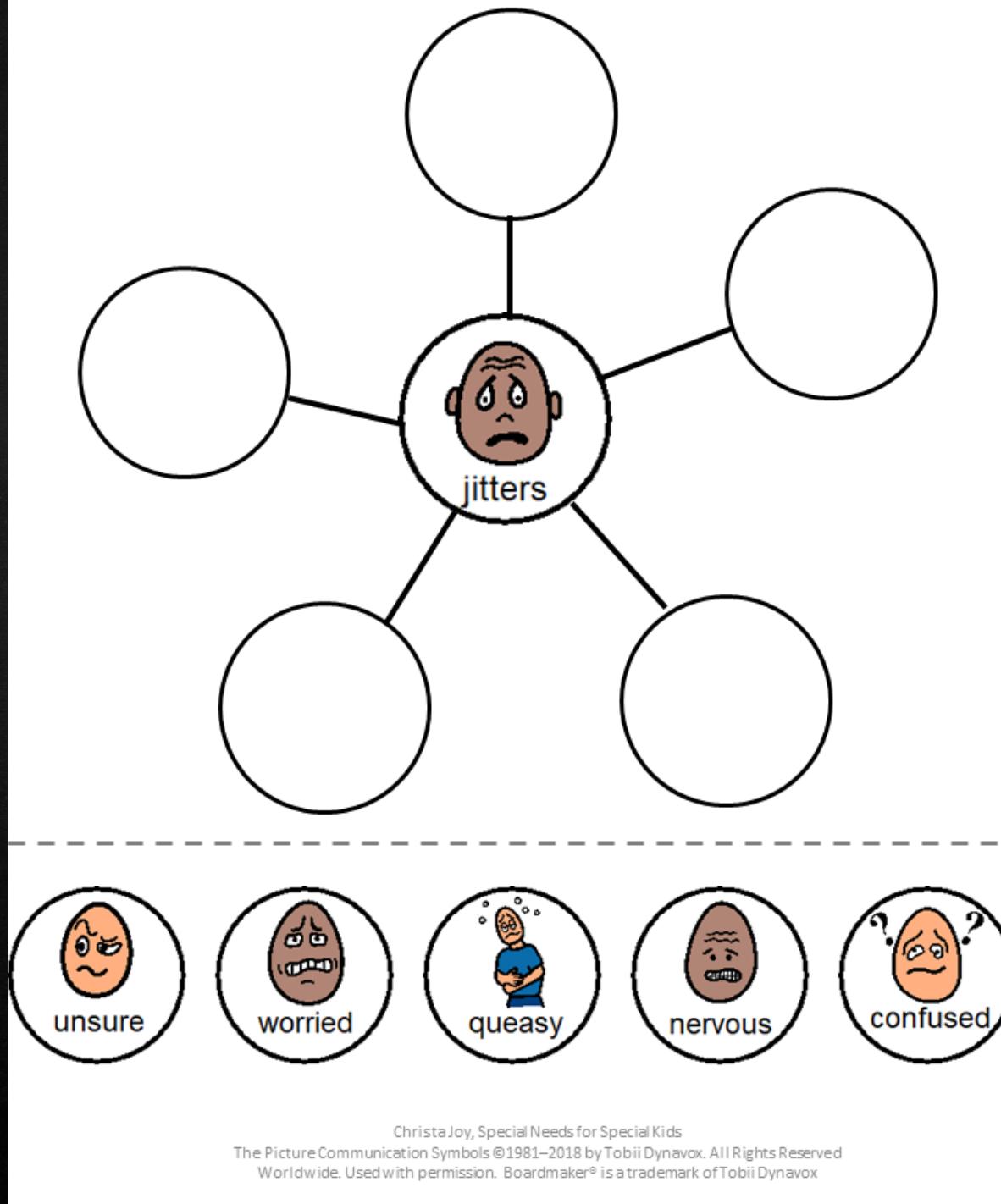


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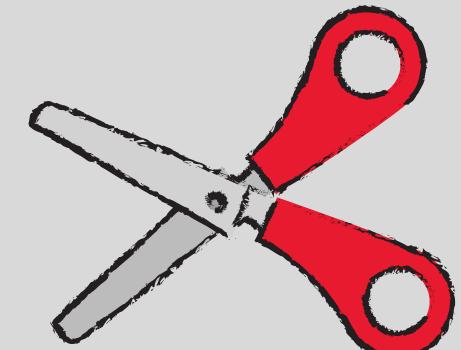
There is a circle map showing how it feels to be nervous and ways to deal with it. There is an option that only has correct answers and one that has wrong answers mixed in.

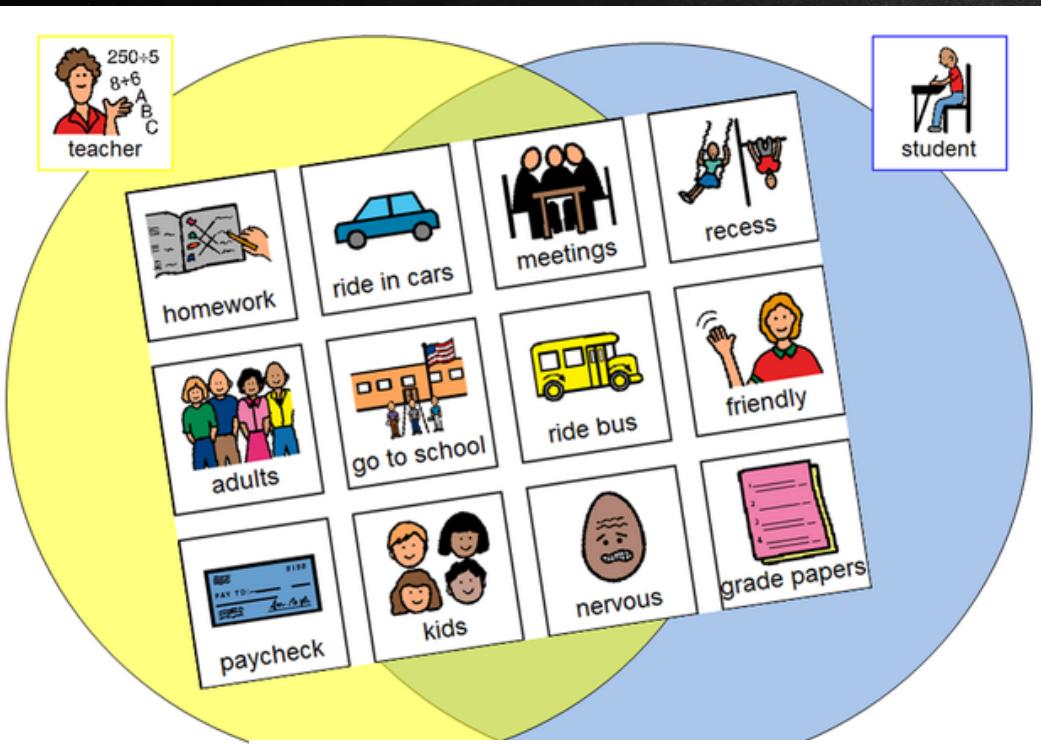


What are some other words for jitters?

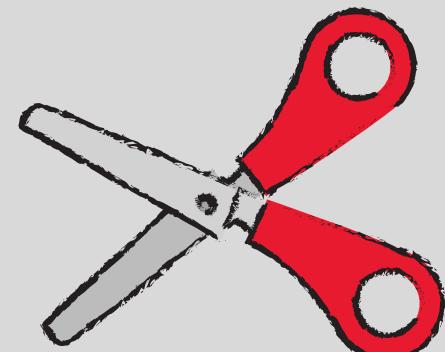
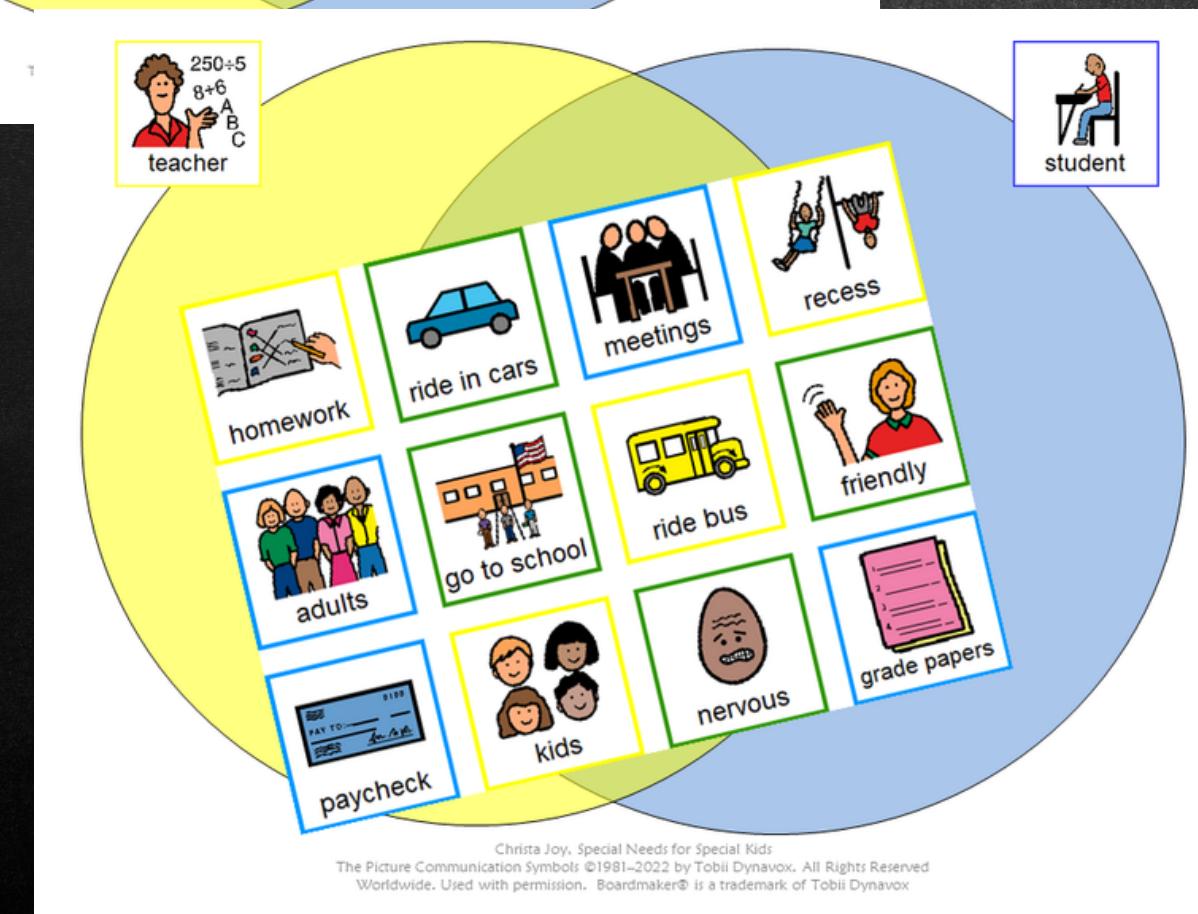


Students will complete a word map showing other words for jitters. This is an errorless task.

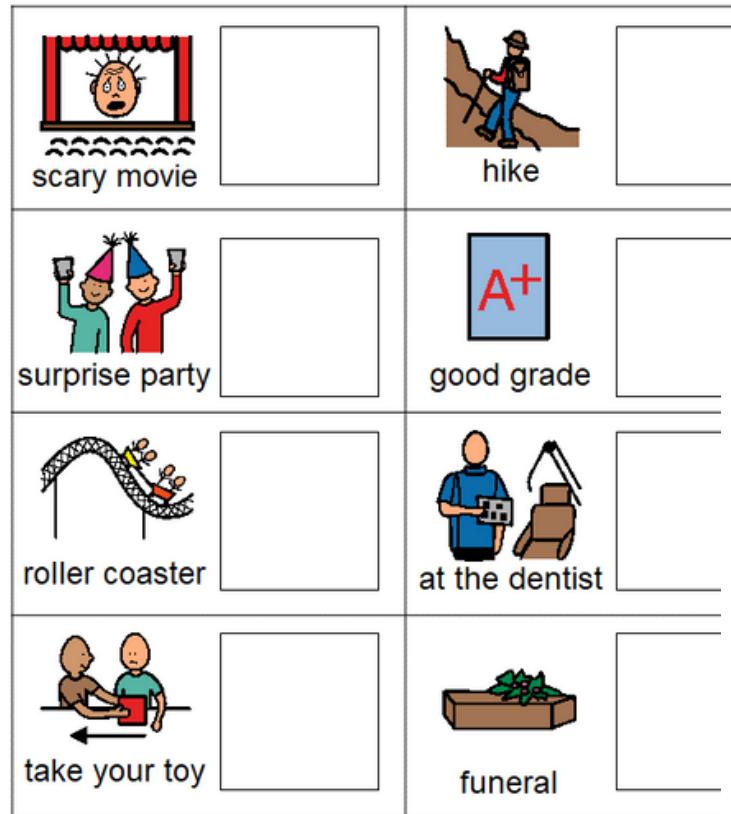




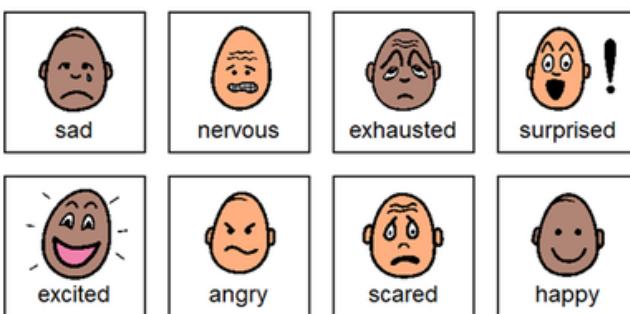
There is a sorting activity.
 Students will complete a
 Venn Diagram showing
 how students and teachers
 are not all that different.
 There is a color-coded
 version provided.



Look at each situation. How do you think you would be feeling in each one?



Match the emotion to the situation on the previous page.
Use color coding for differentiation as needed.



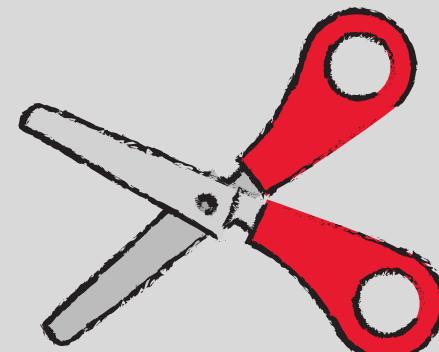
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Answer Key

- Scary movie >> scared
- Hike >> exhausted
- Surprise party >> surprised
- Good grade >> happy
- Roller coaster >> excited
- At the dentist >> nervous
- Take you toy >> angry
- Funeral >> sad

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Students will match the emotion that would be felt in each situation.
Suggestions for differentiation are included.



Everyone Feels Nervous

Everyone feels nervous, even .



Sometimes a new can be a little scary.



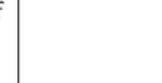
When I feel nervous, I can .



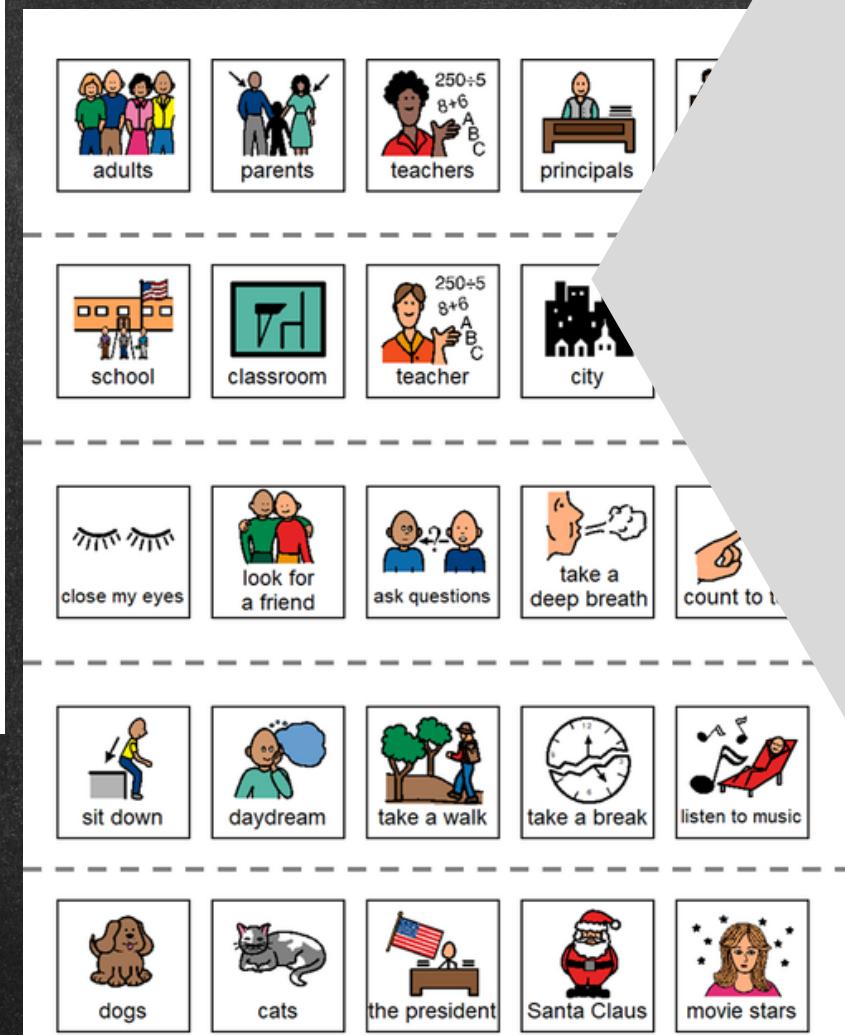
can also make me feel better.



I wonder if ever feel nervous.

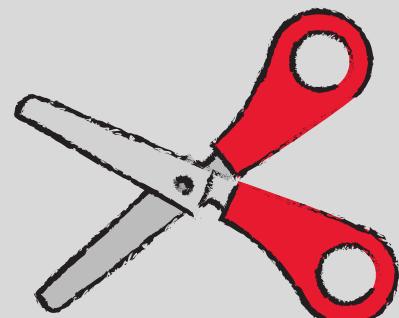


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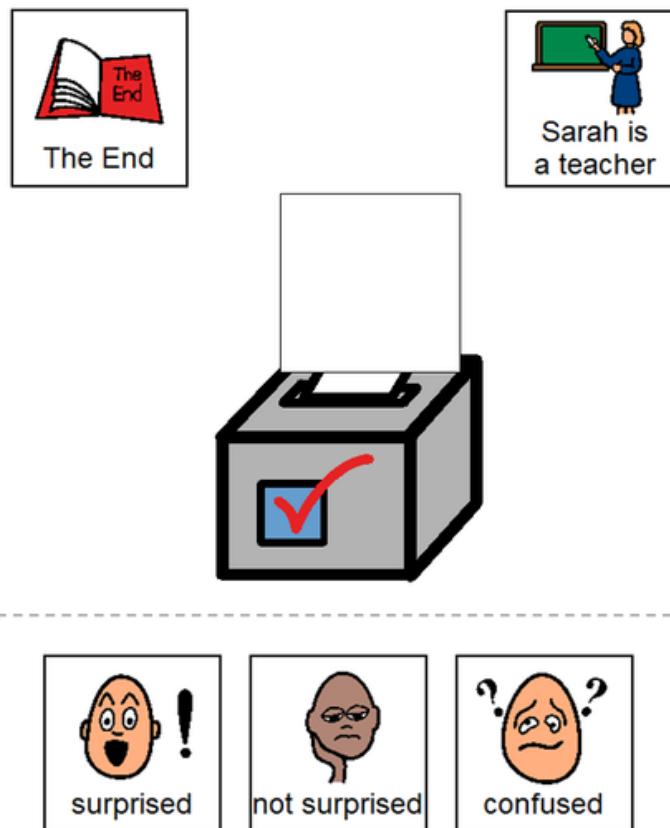


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Students will write their own story about the fact that everyone gets nervous. They can pretend they are someone or something else if they would like. This is an errorless activity that allows students to write their own story independently.



Time to vote!! Were you surprised by the ending of this story?



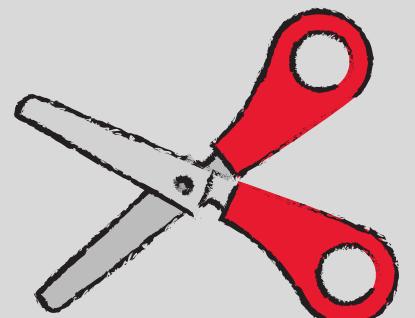
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Record the results from your class votes.



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Students will vote on whether or not they were surprised by the ending of the story. There are suggestions for class activities to do with all the votes once cast.



Listen to the
book read
aloud



There is a video of the book
read aloud by the author.
This is a video from
YouTube.

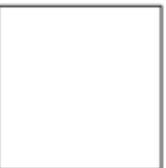


Everyone Feels Nervous

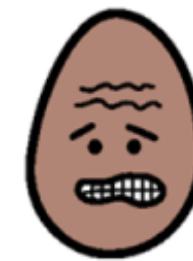
Everyone feels nervous, even .

Sometimes a new  can be a little scary.

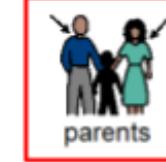
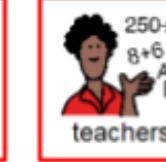
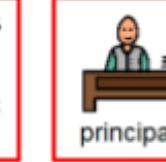
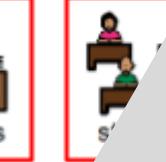
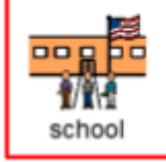
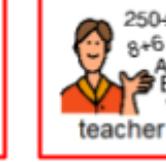
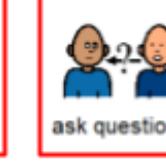
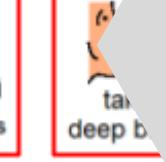
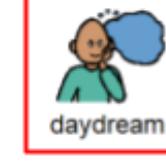
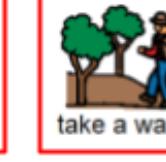
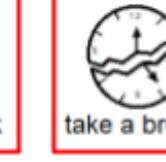
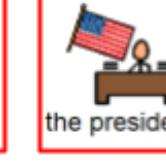
When I feel nervous, I can .

 can also make me feel better.

I wonder if  ever feel nervous.



Choose a picture to finish each sentence.

 adults	 parents	 $250 \div 5$ $8+6$ A B C teachers	 principals	 students
 school	 classroom	 $250 \div 5$ $8+6$ A B C teacher	 city	 nurse
 close my eyes	 look for a friend	 ask questions	 take deep breath	 calm down
 sit down	 daydream	 take a walk	 take a break	 relax
 dogs	 cats	 the president	 Santa Claus	 movie star

There are digital versions of the activities included. Students click and drag the answers.

A Venn diagram sorting activity. On the left, there are three overlapping circles: yellow (top), green (middle), and blue (bottom). In the top-left corner of the yellow circle is a teacher icon with the text "teacher". In the top-right corner of the blue circle is a student icon with the text "student". To the right of the circles is a dashed-line box containing 12 cards, each with a picture and text. The cards are arranged in four rows of three. The first row contains: "homework" (blue border, teacher/student), "ride in cars" (green border, student), and "meeting" (yellow border, teacher). The second row contains: "recess" (blue border, student), "adults" (yellow border, teacher), and "go to" (green border, teacher). The third row contains: "ride bus" (blue border, teacher), "friendly" (yellow border, teacher), and "paycheck" (yellow border, teacher). The fourth row contains: "kids" (blue border, teacher), "nervous" (green border, student), and "grade papers" (yellow border, teacher).

Place the pictures in the correct location on the diagram. If it describes both teachers and students, then put it in the middle.

teacher

student

homework

ride in cars

meeting

recess

adults

go to

ride bus

friendly

paycheck

kids

nervous

grade papers

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There are 2 sets, one that includes differentiation shown here.



Click Here to read more!!

I realize there will be some students out there unable to do cutting activities. I have a blog post with ways to complete activities without a pair of scissors!!