

Special Ed

PERSONAL HYGIENE



ALSO INCLUDES GOOGLE SLIDES



This unit was created with this guy in mind. He has autism and an intellectual disability. He is a non-reader, and loves the ocean. With some support he is able to do this unit, and enjoys the challenge. He is my tester!!

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Also included with this unit is a power point show that is narrated and has automatic advancement of slides. Let me know in the feedback if this was helpful 😊

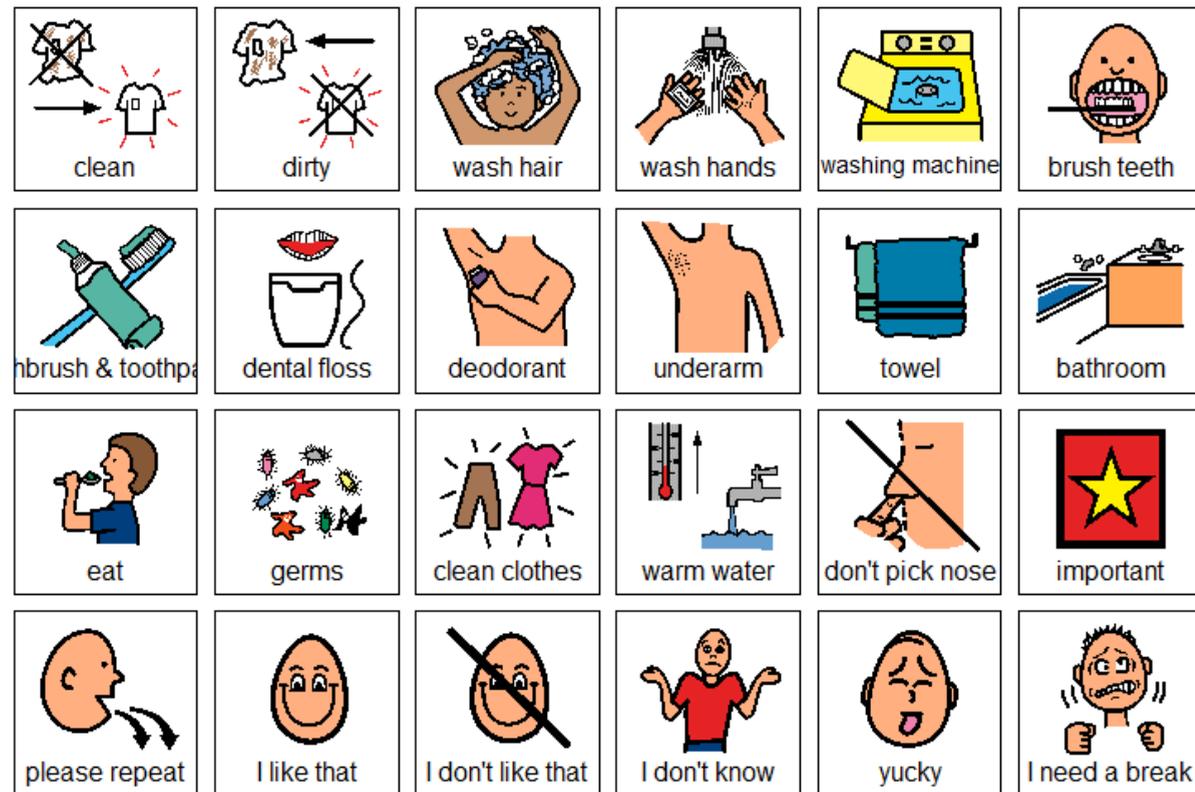
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*This unit contains over
100 pages of material
plus 36 google slides.*

This unit comes with a vocabulary board.

Vocabulary boards are great for ALL students to assist with participation and engagement in group discussions.

Tips on how to use in the unit!!



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You should wash your hands whenever you do something that is dirty or messy.



ChristaJoy

Good hygiene also includes taking care of your teeth.



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There is a 28-page book with simple text and engaging photos.

It comes in pdf version as well as a voice recorded PowerPoint (so you don't have to print it out.) There is also a movie version you can use in google slides.

Cut out pictures and place in circle map on previous page.



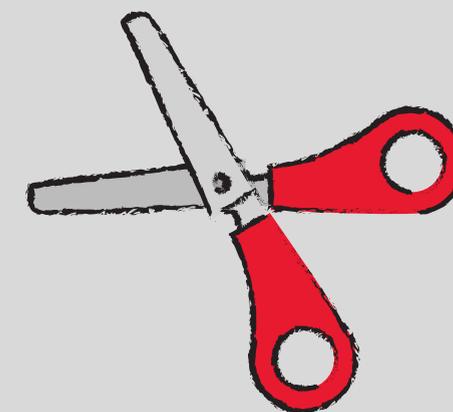
Cut apart pictures and place in circle map **ONLY IF** they relate to good hygiene.



There is a circle map of what good hygiene means.

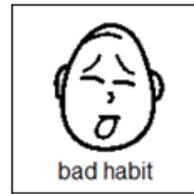
Circle maps are a great way for students to see the concept at a glance. There are 2 versions:

- One is errorless
- One has wrong answers mixed in students will have to set aside

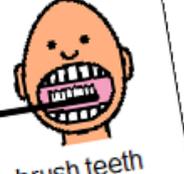
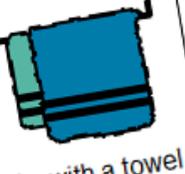




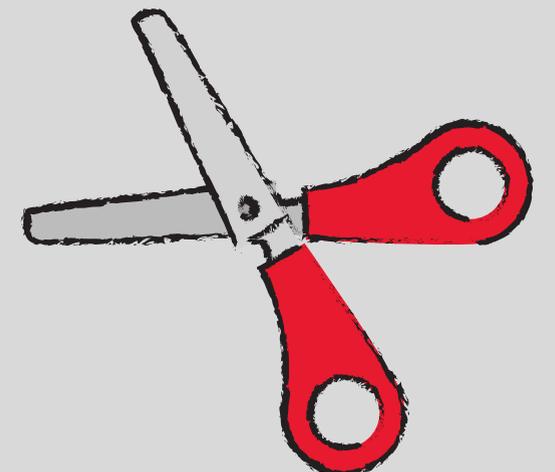
good habit



bad habit

 pick nose	 shower	 wash hands	 smelly	 brush teeth
 clean clothes	 deodorant	 use a tissue	 dirty clothes	 bathe
 dental floss	 no soap	 dry with a towel	 don't wash hands	 muddy

There is a sorting activity looking at good and bad habits when it comes to hygiene. There are both photos and picture symbols included.



Draw a line matching the product to the body part it is used on.



toothpaste



hair spray



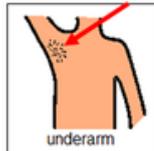
chapstick



shaving cream



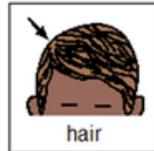
deodorant



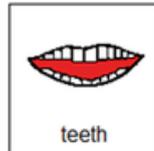
underarm



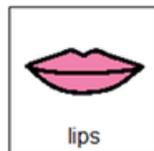
face



hair

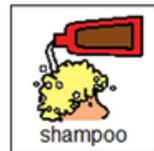


teeth



lips

Draw a line matching the product to the body part it is used on.



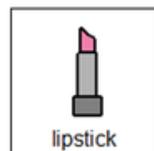
shampoo



dental floss



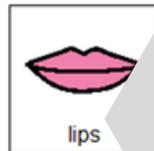
nail polish



lipstick



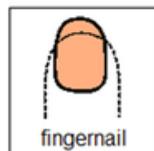
soap



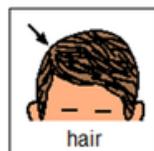
lips



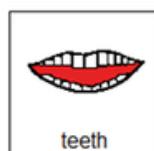
hands



fingernail

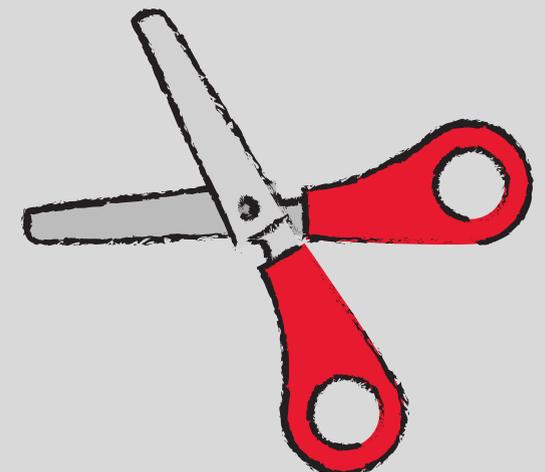


hair

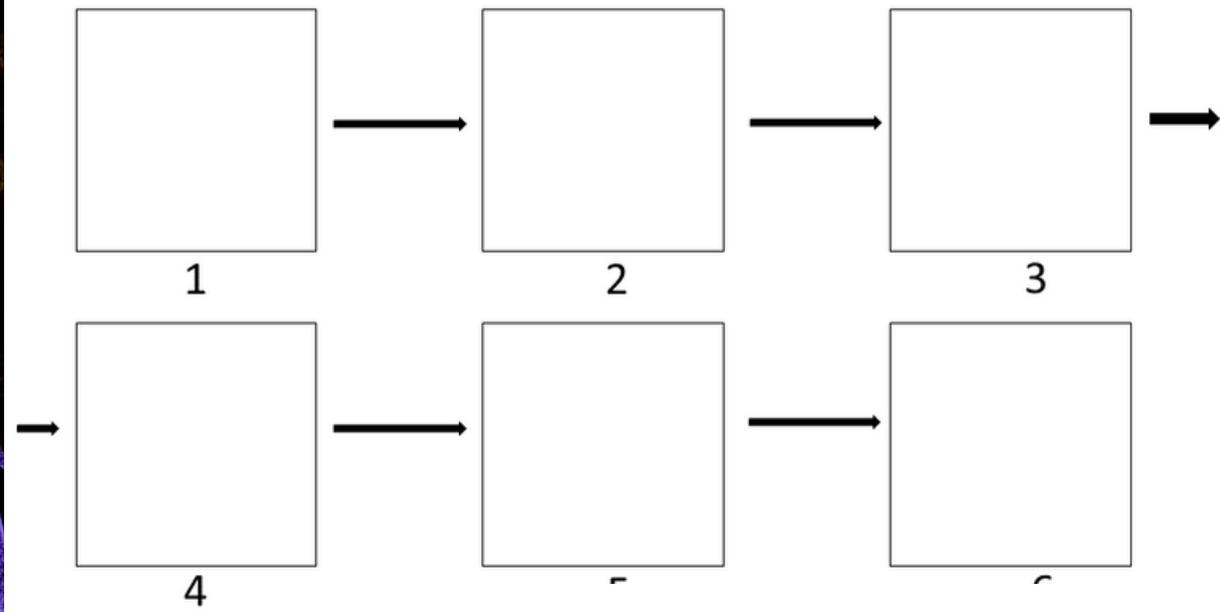


teeth

There is a matching activity looking at how various hygiene products are used.



Sequencing Template



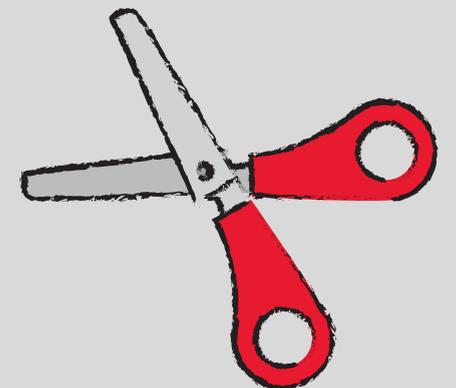
The P
W

Have students sequence pictures onto template on previous page. Give students an appropriate number of pictures according to their learning level.



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There is a sequencing activity looking at the steps to good handwashing. It can be differentiated using fewer steps (templates included).



2. Why You Need to Use Soap (a Germs Simulation Experiment) The experiment is meant to simulate how soap helps to get rid of germs.



<http://deceptivelyeducational.blogspot.com/2015/06/why-you-need-to-use-soap-germs.html>

3. Glitter Germs Activity for Kids Makes Staying Healthy Fun! Use glitter and lotion to help students "see" the spread of germs.



GLITTER GERMS ACTIVITY
for kids!



<https://thesimpleparent.com/glitter-germs-activity-for-kids>

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8. Fun Activities to Teach Hygiene

3 different activities for teaching hygiene.



<http://iislearningcorner.com/2016-07-hygiene-fun-activities-teach-kids-personal-hygiene/>

9. Practice Flossing

There are lots of activities here to learn about dental hygiene.



<http://mamabeefromthehive.blogspot.com/2011/03/dental-health.html>

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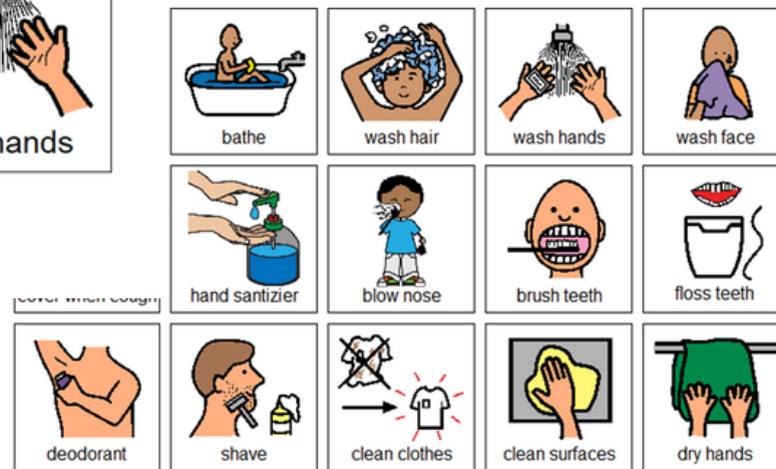
There are links to 10 different group activities you can do showing the importance of good hygiene.

Hygiene Charade cards

- You can use these cards 2 ways.
- The traditional method where a student chooses a card and then acts it out without using words.
- OR, after drawing the card, show it to everyone. The student then acts it out doing a step incorrectly. The class has to identify what was the wrong action.
- I included a copy of all the cards on one page for students who may need a board to refer to for extra support.
- The cards are in color and BW.



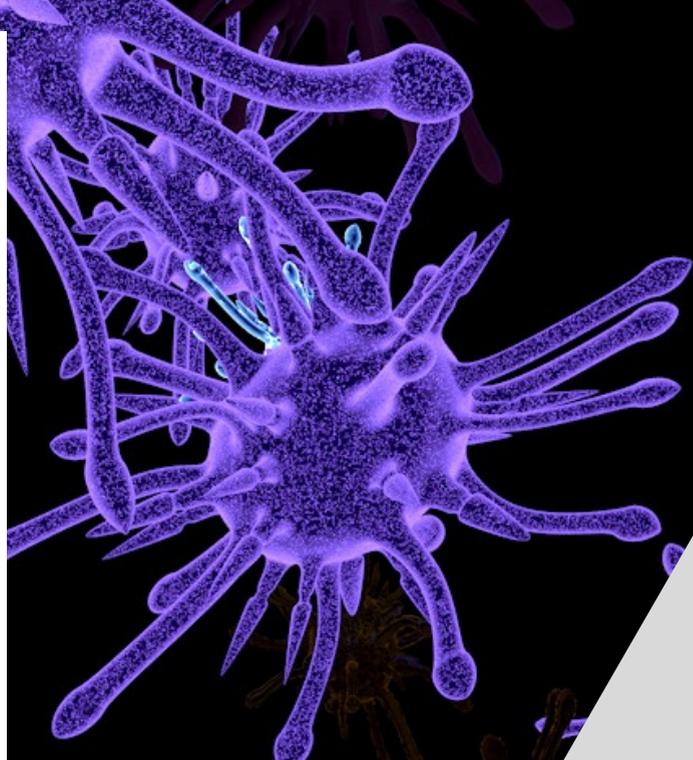
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There is also a charades game that comes with suggestions for use and cards.

But most people think it is gross to see a person picking their nose.



There is a social story about using a tissue that comes with photos as well as a version with picture symbols (color and black and white.)

I have been learning about good hygiene.

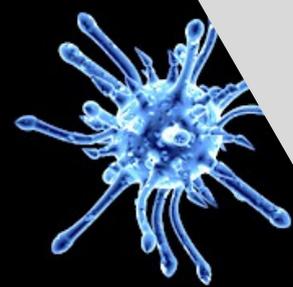


Page 1

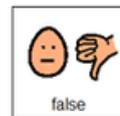
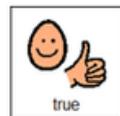
I know to wash my hands after the bathroom.



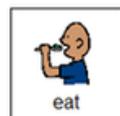
Page 2



1. Good hygiene is important.



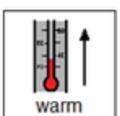
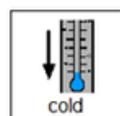
2. What should you do after going to the bathroom?



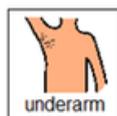
3. What should you use to wash your hands?



4. What type of water should you use to wash hands?



5. Where do you put deodorant?



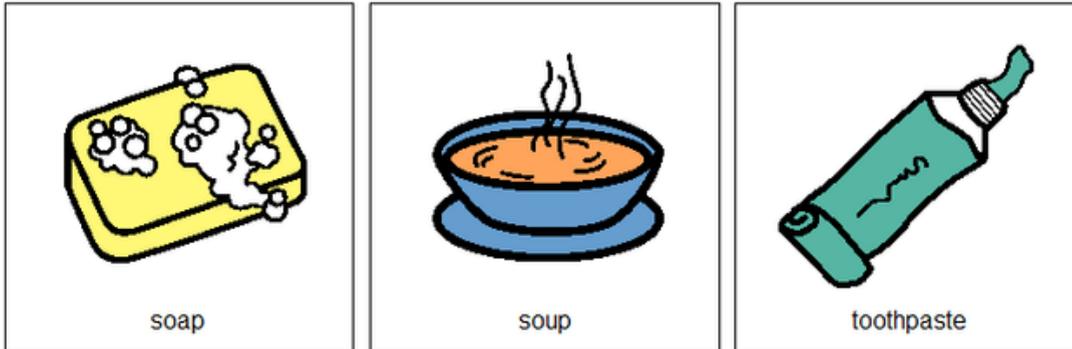
There is a 10 question final assessment.

There are 3 versions. This version has 10 questions with 3 picture choices for each question.

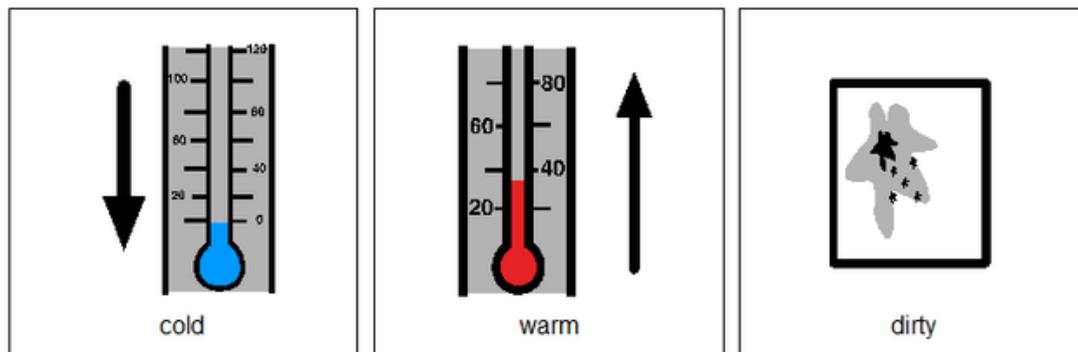
Answer key included.

Print onto cardstock or mount on index cards. Cut pictures apart and show student answer choices for each question.

Q 3



Q 4



With this version, you cut out the answer choices and glue them on index cards. Ask the student the question, and they point to the correct answer.

1. Good hygiene is important.
 - A. True
 - B. False
2. What should you do after going to the bathroom?
 - A. Eat
 - B. Sleep
 - C. Wash your hands
3. What should you use to wash your hands?
 - A. Soap
 - B. Soup
 - C. Toothpaste
4. What type of water should you use to wash your hands?
 - A. Cold
 - B. Warm
 - C. Dirty
5. Where do you put deodorant?
 - A. Tongue
 - B. Head
 - C. Underarm
6. How often should you brush your teeth?
 - A. 2x a day
 - B. October
 - C. Mornings

This is your traditional multiple choice version. It can also be used as a recording sheet if your students are using the version with index cards.

Everyone is always talking about the importance of good hygiene.

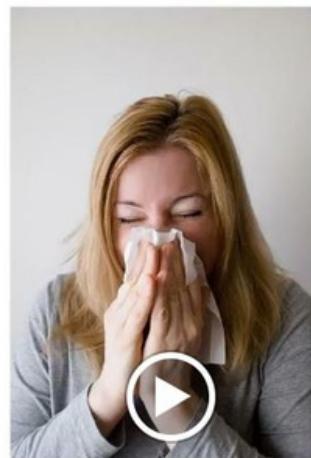


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Listen to the movie on Hygiene

There is a video of the book and the social story read aloud.

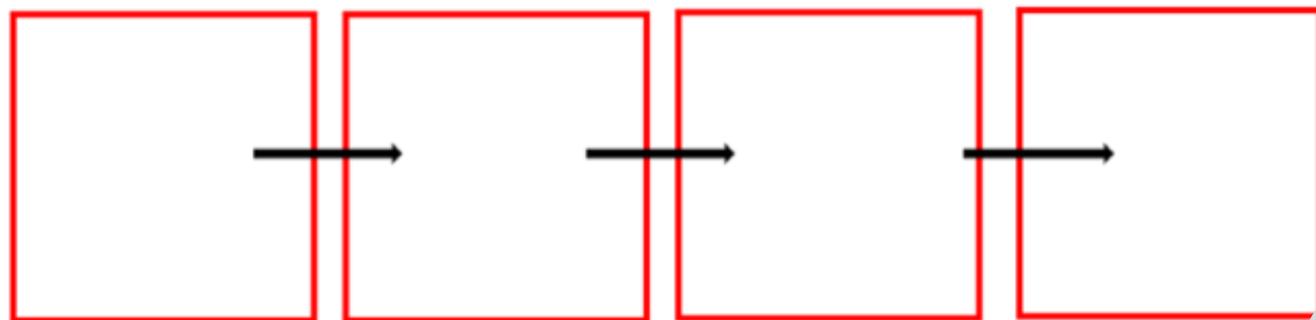
Listen to the story, Better Get a Tissue



Better Get a Tissue

By
Christa Joy

Sequencing how to wash your hands.

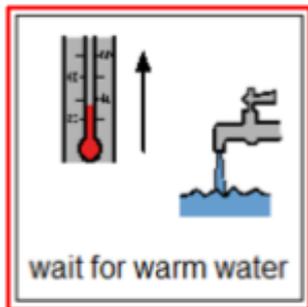


1

2

3

4



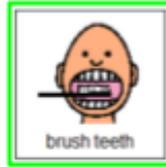
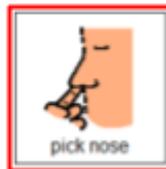
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There are digital versions of the activities included. Students click and drag the answers.



Place the pictures in the correct column. If you are not sure, place it on the middle line.



There are 2 sets, one that includes differentiation shown here.



I realize there will be some students out there unable to do cutting activities. I have a blog post with ways to complete activities without a pair of scissors!!

Most of the activities (except the book) come in color and black and white.

[Click Here to read more!!](#)