

Preview

*Sometimes Things Are Not Fair
Social Story*

NOTE: this updated version (October 2017) uses Smarty Symbols, replacing the Boardmaker symbols.



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21 page photo social story



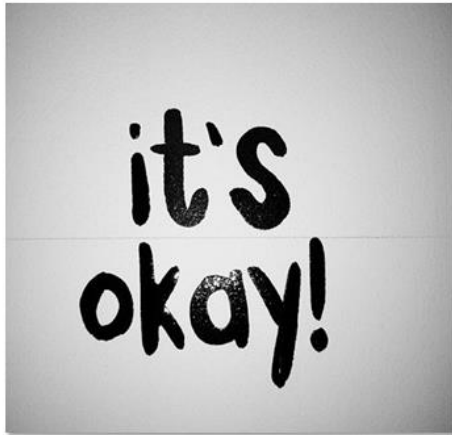
Sometimes at school I get frustrated when things do not seem fair.



Sometimes, I may have to wait. That may seem unfair.



It is important I do my best to stay calm and quiet so the rest of the class can learn.



It is okay to get frustrated. Everyone feels that way at some time.



Some students need more help than I do.

12 page student booklet

Sometimes I get frustrated at school because things are not fair.



Page 1

It is ok to get frustrated. Everyone feels that way at sometime.



Page 2

There are many kids in my school and in my class.



Page 3

So, there are going to be times I cannot have what I want exactly when I want them.



Page 4

My teacher will do her best to treat all the kids the same. This will be fair.



Page 5

I will do my best to understand that my teachers are doing their best to treat me fairly.



I may still get frustrated, especially when it seems things are not fair.



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When this happens, I can do one of the following:

- 1) Listen calmly to my teacher
- 2) Take some deep breaths
- 3) Think about something that makes me feel calm and happy
- 4) Sit at my desk and take a break for a 5 minutes.

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Sorting activity

Power cards

 yell	 count to 10	 deep breath	 leave me alone
 pinch	 hit others	 go for a walk	 tell an adult
 throw things	 trip others	 be mean	 take a break

Front of card

Back of card

Things are Not Fair



What I can Do

1. Listen
2. Take deep breaths
3. Count to 10

Front of card

Back of card

Things are Not Fair



What I can Do

-  listen
-  deep breath
-  count to 10
-  happy thoughts
-  take a break

Also in BW